

## Alaska Department of Environmental Conservation HSEEP Fundamentals Practical Exercise

Exercise Plan April 18, 2017

The Exercise Plan (ExPlan) gives elected and appointed officials, observers, media personnel, and players from participating organizations information they need to observe or participate in the exercise. Some exercise material is intended for the exclusive use of exercise planners, controllers, and evaluators, but players may view other materials that are necessary to their performance. All exercise participants may view the ExPlan.

### **EXERCISE OVERVIEW**

Exercise	Name
LACI CISC	Trainic

**HSEEP Fundamentals Practical Exercise** 

**Exercise Date** 

April 18, 2017

Scope

This exercise is a drill, planned for approximately thirty minutes. Exercise play is limited to the Atwood Dining Hall.

**Mission Area(s)** 

Response

Core Capabilities

Environmental Response/Health and Safety

**Objectives** 

Objective 1: Objective: Given the equipment located in an ADEC Oil Spill Response Container, put on (don) Personal Protective Equipment (Level D) in accordance with Part I of the Spill Tactics for Alaska Responders (STAR) Manual in less than 15 minutes

Threat or Hazard

Exposure to oil due to an accidental discharge.

Scenario

There has been an oil spill on University Drive near Alaska Pacific University. Atwood Dining Hall has been designated as the staging area for responders cleaning up the spill. The Site Safety Plan calls for all responders to wear Level D PPE. Respiratory protection is not required but workers can expect to be working in proximity to equipment that requires hearing protection.

Sponsor

Alaska Department of Environmental Conservation

Participating Organizations

Participating organizations will include participants from Table \_\_\_\_\_

**Point of Contact** 

Dianne Munson,

Alaska Department of Environmental Conservation

### **APPENDIX A: EXERCISE SCHEDULE**

Time	Time Personnel Activity			
		April 18th, 2017		
1500	All	Atwood Dining Hall		
15:02:34	All	Break Into Groups Conduct Final Planning Meeting/ Review Exercise Plan Controller/Evaluator Briefings	Atwood Dining Hall	
	All	Mobilize and Stage Equipment	Atwood Dining Hall	
	All	Safety Briefing.	Atwood Dining Hall	
	Controllers/ Evaluators/ Players	Being Exercise Exercise Players Don PPE	Atwood Dining Hall	
	Controllers/ Evaluators/ Players	Finish Exercise	Atwood Dining Hall	
	All	Demobilize Equipment	Atwood Dining Hall	
	All	Hot Wash	Atwood Dining Hall	
	All	Reconvene Seminar	Atwood Dining Hall	

**Table 1. Exercise Schedule** 

### **APPENDIX B: EXERCISE ASSIGNMENTS**

Exe	rcise Planning Team
Team Leader (Exercise Controller)	
Safety (Safety Briefing)	
Operations (Evaluator/Hot Wash)	
Planning	
(Documentation)	
Logistics (Site Setup)	
Admin Finance (Evaluator)	
	Participants
Player (Level D PPE)	
Player (Buddy)	

### **APPENDIX C: EXERCISE EQUIPMENT**

Agency	Туре	Description (length, horsepower, spec capability)
State		
ADEC	PPE	Tyvek Coveralls
	PPE	Gloves
	PPE	Boot Covers
	PPE	Safety Glasses
	PPE	Hard Hats
	PPE	Hearing Protection
	PPE	Duct Tape

### APPENDIX D: ALASKA STAR MANUAL

## Safety

### **Personal Protective Equipment**



### LEVEL C

- Full-face or half-face mask air-purifying respirators with appropriate cartridges
- Chemical-resistant clothing (overalls; two-piece chemical-splash suit; disposable chemical-resistant overalls.)
- Coveralls\*
- Gloves outer, chemical resistant
- · Gloves inner, chemical resistant
- Boots steel toe and shank as appropriate to spilled product
- Boot covers\*
- Hard hat\*
- Face shield\*
- · Hearing protection\*
- · Personal Flotation Device (PFD)\*

### LEVEL D - LOWEST LEVEL OF PROTECTION

- Coveralls
- Gloves\*
- Boots/shoes steel toe and shank as appropriate to spilled product
- Boot covers\*
- · Safety glasses or chemical splash goggles
- Hard hat
- · Hearing protection\*
- Face shield\*
- Personal Flotation Device (PFD)\*

### **DEPLOYMENT CONSIDERATIONS AND LIMITATIONS**

- Maintaining adequate supplies of PPE is often a logistical challenge;
   Team Leaders should provide the Supply Unit with anticipated PPE needs in advance and on a regular basis.
- Respiratory protection should only be worn by responders operating under respirator operating procedures (i.e., regular training, fittesting, medical monitoring, inspection, cleaning, storage and periodic program evaluations) as required by OSHA 29 CFR 1910.134.



Part I SAFET



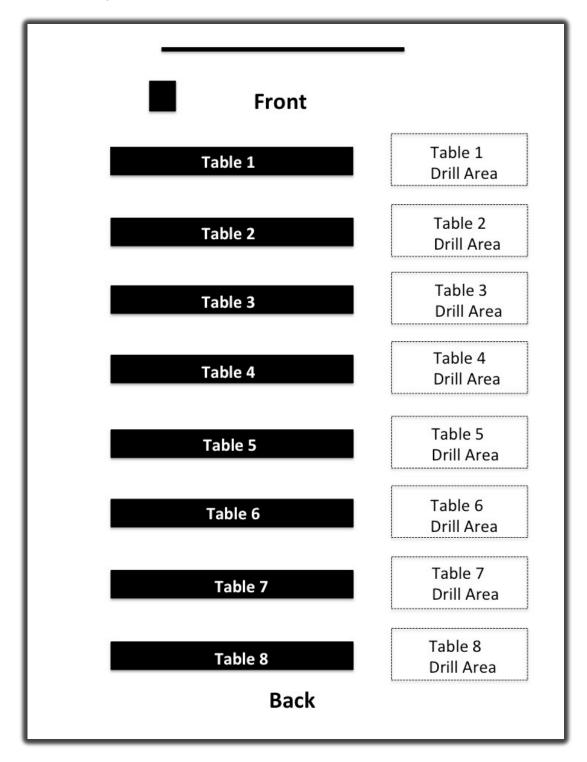
version: March 2014

Spill Tactics for Alaska Responders



B-I-2-3

### APPENDIX E: EXERCISE AREA MAP



THIS PAGE IS INTENTIONALLY BLANK

E-mail			
Phone			
Organizational Capability Target	Associated Critical Tasks	Target Rating	
ut on Level D PPE	Put on Tyvek coveralls		
ith Part I of the Spill			
actics for Alaska	Put on gloves		
anual	Outer chemical resistant		
	Be wearing boots/shoes with steel	N/A	
	toe/shank.		

P – Performed without Challenges	Ratings Definitions

S – Performed with Some Challenges M – Performed with Major Challenges U – Unable to be Performed

								Tactics for Alaska Responders (STAR) Manual	Put on Level D PPE (In accordance with with Part I of the Spill	Organizational Capability Target
Final Exercise Rating	Use Duct Tape	Use Buddy System	Use hearing protection	Put on hard hat	Put on safety glasses	Put on boot covers	Be wearing boots/shoes with steel toe/shank.	<ul><li>Put on gloves</li><li>Outer chemical resistant</li><li>Outer chemical resistant</li></ul>	Put on Tyvek coveralls	Associated Critical Tasks
							N/A			Target Rating
							Simulated			Observation Notes and Explanation of Rating

# **Ratings Definitions**

Unable to be Performed	Performed with Major	Performed with Some	Performed without
(U)	Challenges (M)	Challenges (S)	Challenges (P)
The targets and critical tasks associated with the core capability were not performed in a manner that achieved the objective(s).	The targets and critical tasks associated with the core capability were completed in a manner that achieved the objective(s), but some or all of the following were observed: demonstrated performance had a negative impact on the performance of other activities; contributed to additional health and/or safety risks for the public or for emergency workers; and/or was not conducted in accordance with applicable plans, policies, procedures, regulations, and laws.	The targets and critical tasks associated with the core capability were completed in a manner that achieved the objective(s) and did not negatively impact the performance of other activities. Performance of this activity did not contribute to additional health and/or safety risks for the public or for emergency workers, and it was conducted in accordance with applicable plans, policies, procedures, regulations, and laws. However, opportunities to enhance effectiveness and/or efficiency were identified.	The targets and critical tasks associated with the core capability were completed in a manner that achieved the objective(s) and did not negatively impact the performance of other activities. Performance of this activity did not contribute to additional health and/or safety risks for the public or for emergency workers, and it was conducted in accordance with applicable plans, policies, procedures, regulations, and laws.



E-mail			
Phone			
Organizational Capability Target	Associated Critical Tasks	Target Rating	
ut on Level D PPE	Put on Tyvek coveralls		
ith Part I of the Spill			
actics for Alaska	Put on gloves		
anual	Outer chemical resistant		
	Be wearing boots/shoes with steel	N/A	
	toe/shank.		

P – Performed without Challenges	Ratings Definitions

S – Performed with Some Challenges M – Performed with Major Challenges U – Unable to be Performed

								Tactics for Alaska Responders (STAR) Manual	Put on Level D PPE (In accordance with with Part I of the Spill	Organizational Capability Target
Final Exercise Rating	Use Duct Tape	Use Buddy System	Use hearing protection	Put on hard hat	Put on safety glasses	Put on boot covers	Be wearing boots/shoes with steel toe/shank.	<ul><li>Put on gloves</li><li>Outer chemical resistant</li><li>Outer chemical resistant</li></ul>	Put on Tyvek coveralls	Associated Critical Tasks
							N/A			Target Rating
							Simulated			Observation Notes and Explanation of Rating

# **Ratings Definitions**

Unable to be Performed	Performed with Major	Performed with Some	Performed without
(U)	Challenges (M)	Challenges (S)	Challenges (P)
The targets and critical tasks associated with the core capability were not performed in a manner that achieved the objective(s).	The targets and critical tasks associated with the core capability were completed in a manner that achieved the objective(s), but some or all of the following were observed: demonstrated performance had a negative impact on the performance of other activities; contributed to additional health and/or safety risks for the public or for emergency workers; and/or was not conducted in accordance with applicable plans, policies, procedures, regulations, and laws.	The targets and critical tasks associated with the core capability were completed in a manner that achieved the objective(s) and did not negatively impact the performance of other activities. Performance of this activity did not contribute to additional health and/or safety risks for the public or for emergency workers, and it was conducted in accordance with applicable plans, policies, procedures, regulations, and laws. However, opportunities to enhance effectiveness and/or efficiency were identified.	The targets and critical tasks associated with the core capability were completed in a manner that achieved the objective(s) and did not negatively impact the performance of other activities. Performance of this activity did not contribute to additional health and/or safety risks for the public or for emergency workers, and it was conducted in accordance with applicable plans, policies, procedures, regulations, and laws.

